

What People Are Saying...

"Amazing! The most comprehensive course ever designed. The book is full of concise, critical thinking and step- by- step cognitive actions for everyone from the beginner to the expert. The illustrations add so much to the written content."

*Phyllis Block, CNM, MN
Harrisburg, PA.*

"BEST was fantastic, it was hands down the best CEU course I have ever taken in my 25 years of being a Nurse- Midwife. I loved the online format, the book is a gem. The online exercises really helped cement the knowledge, and the sharing in the forum with all the other midwives was just wonderful."
H.R. Birth Emergency Skills Training student

"... systematic and clear approach to critical thinking, assessment, diagnosis and intervention when emergencies arise."
Katherine Camacho Carr, PhD, ARNP, CNM, FACNM., former ACNM president

"... a book that should be in every midwife's ' personal library."
Jan Tritten - Founder and Editor-in-Chief of Midwifery Today magazine.

How BEST helped save a baby's life (five minute shoulder dystocia)

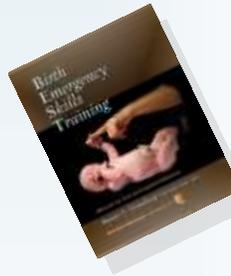
"As soon as the client was pushing on the bed for the final time ... The BEST book just played through my head. .. Most of the time, birth just happens. Everyone here knows that. But when something deviates and we have to respond, we have to be up to the task".

Midwifery student

B.E.S.T.® - The Book

By Bonnie U. Gruenberg

The workshop is based on the **award winning** textbook **Birth Emergency Skills Training: A Manual for Out-of-Hospital Midwives**. BEST carries the reader from the initial steps of intervention through definitive care, balancing a friendly tone and visual appeal with authoritative and clinical-



ly useful information. It is loaded with mnemonics and other memory aids, and is richly illustrated with the author's artful drawings and photography.

SYNCLITIC Press

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TO SCHEDULE YOUR WORKSHOPS

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**Tomorrow,
you may save
a life.**

Take a
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What is B.E.S.T.® ?

Birth Emergency Skills Training for Out- of- Hospital Providers® (B.E.S.T.) is a certification course that prepares out- of- hospital providers to manage obstetrical emergencies with greater confidence and proficiency.

But my clients are low risk. Midwives who attend births at home and in free- standing birth centers work with low- risk clientele and seldom encounter emergencies. Yet life- threatening pregnancy and delivery complications may arise unexpectedly during an otherwise normal labor. In a crisis, the birth attendant must respond confidently, but techniques seldom practiced decay over time, and ongoing research brings new recommendations.

Find out more at
www.BirthEmergency.com

B.E.S.T.® The Live Workshop
BEST workshops last two days and provide 12 hours of training. The subject matter is serious, but we make it fun, with **stimulating** presentations, learning activities, case studies, videos, discussion and hands on practice.

Who teaches B.E.S.T.® ?

The B.E.S.T.® Live workshop was developed by the dynamic, innovative instructor **Andrea Dixon, CNM**, who will bring B.E.S.T. to your group, conference, or school, worldwide. The course was designed for midwives, but can be modified for groups of students, physicians, or birth assistants.

B.E.S.T.® Workshops grant **12** contact hours for CEUs.

What will I learn?

The BEST® course includes a systematic approach to:

- Recognizing the high- risk pregnancy
- Pain and bleeding in pregnancy
- Complications arising in pregnancy
- Managing Complications of Birth
- Postpartum Emergencies
- Neonatal Emergencies
- Unexpected Multiples
- Malpresentations
- Maternal Trauma



How do I attend the B.E.S.T.® Workshop?

Andrea Dixon, CNM, will bring B.E.S.T. to your group, conference, or school, **worldwide**. Or, you can join an existing workshop. Upcoming BEST classes are listed on our website at www.BirthEmergency.com, and on our Facebook page.

The BEST deal

Workshops are held for a minimum of 12 and up to 25 participants. International venues welcome! We charge \$400 .00 per participant. However , actual course costs may vary dependent on venues and hosts.

We require a non-refundable deposit of \$200.00 to "save the date" and advertise your workshop on our sites.

A head count and \$300.00 good faith payment is required 30 days prior to your workshop, refundable at the final course tally.

Send us an email, and reserve your dates before our calendar fills up!
miniwife@sbcglobal.net